

# Activities & Events

## Play Sessions

Cabin play sessions for 5-13 year olds  
Monday- Thursday evenings 3.45-5.45pm  
and Saturday afternoons 12.30-3.30pm during  
term time



## Holiday Play Schemes

Holiday play schemes are available  
during Summer Easter October  
and February half terms.



## Stay and play sessions

For parents with babies and children under 5  
years of age living in the Rusholme ward every  
Wednesday 1.30-2.30pm term time only.

All these sessions are free  
of charge!

## Youth project for 13-19 year olds

Mondays session 6.30-8.30 at  
Anson Cabin Project offering Duke  
of Edinburgh award skills section,  
also practical camp craft, map  
reading and healthy eating.

Wednesdays session 6.30-8.30pm  
Manchester Youth Academy  
Rushford park – Physical session  
football, table tennis and pool –  
multi sports also includes circuit  
training, general drop in session is  
free of charge football training is  
£5 per month.

Thursdays session 6.30-8.30pm  
Anson Cabin Project drop in  
session ps4 issue based workshops,  
film nights, cooking, arts and crafts,  
cv righting, updates on employment  
and training.

# Anson Cabin Project

For further information on  
any of our activities  
please contact the cabin  
staff team on 0161 248  
5695 or email us at  
[info@ansoncabin.co.uk](mailto:info@ansoncabin.co.uk)  
or see our website  
[www.ansoncabin.co.uk](http://www.ansoncabin.co.uk)



## Up coming events at Anson Cabin Project



Half term October playscheme free of  
charge for 5-13 year olds week  
beginning 26th October.



Halloween fancy dress party all  
welcome Saturday 31st October  
12.30-3.30pm dj bouncy castle arts  
and crafts and refreshments available.



The annual panto trip this year is  
Cinderella

## Anson Cabin playgroup for 2-5 year olds

Is your child eligible for the free  
entitlement fund? Then put their  
name on our waiting list for 2-5  
year olds.

Monday-Friday  
term time only  
9.30-12.30pm

If you are not  
eligible for the  
free hours our  
weekly charge is  
only £25!



# Cabin

AUTUMN 2015

# Crazy

THE NEWSLETTER OF  
THE ANSON CABIN PROJECT

What we have been doing this year!



## Residential to Ghyl Head in the Lake District

Children's comments:

"I enjoyed my weekend at Ghyl Head  
especially the zipline, climbing the  
waterfall and canoeing.

I loved seeing everyone in the deep  
water when we went waterfall  
climbing." Kayleigh, age 11.

"My favourite part of Ghyl Head was  
the Zipwire, it felt wild being away  
from home." Mackenzie, age 10.

"At Ghyl Head we done various  
activities such as Zip line, caving,  
waterfall climbing and my favourite  
part was canoeing, because it was  
something I've never done before.  
This trip improved us as young people  
as it improved our communication  
skills." Mathew, aged 12.



Anson youth project

## Day trips

Our day trips  
this year have  
included: Lyme  
park Blackpool  
Southport and  
Knowsley Safari  
park and Tatton  
park and farm.



## Community Fundays & events

This year we have held  
community clean up events,  
a Hate Crime event and  
three community fundays



# What the parents, carers children & young people think? How Cabin has Helped

Both Children and Adults were asked specifically as to how The Cabin had helped them. Whilst the children's responses are simple, all the responses show the huge value placed on the Cabin by local people. The additional opportunity for parents to access education, training and work opportunities is also evident.

"The cabin has been a valuable place for me throughout my life, cabin has been a positive influence and I feel supported by the youth work staff." AG aged 17.

## The children said... The adults said...

Personal hygiene	Look after my children/they love cabin
Bike ability and cooking workshops	My son likes it, it makes him happy
By doing the Adventure Service Challenge Scheme	More confidence and more involvement in the community
Helped my skills by helping me do better things in life and making me feel healthier	Yes kids absolutely loved it
It has helped me because I can communicate better	Interesting and fun activities, which the children can enjoy
It has helped me a lot	I am on the management committee and the cabin gave me more confidence
I have made loads of new friends	My boys have somewhere to go in the holidays while I am working
To learn about other cultures in our community	The cabin has helped me a lot to understand the children
	Helps when on evening courses

As a working parent I know where my child is while I am working especially after school and during holidays

It's made me feel a bigger part of the community and now I feel that my children are equal

Things to do for the kids

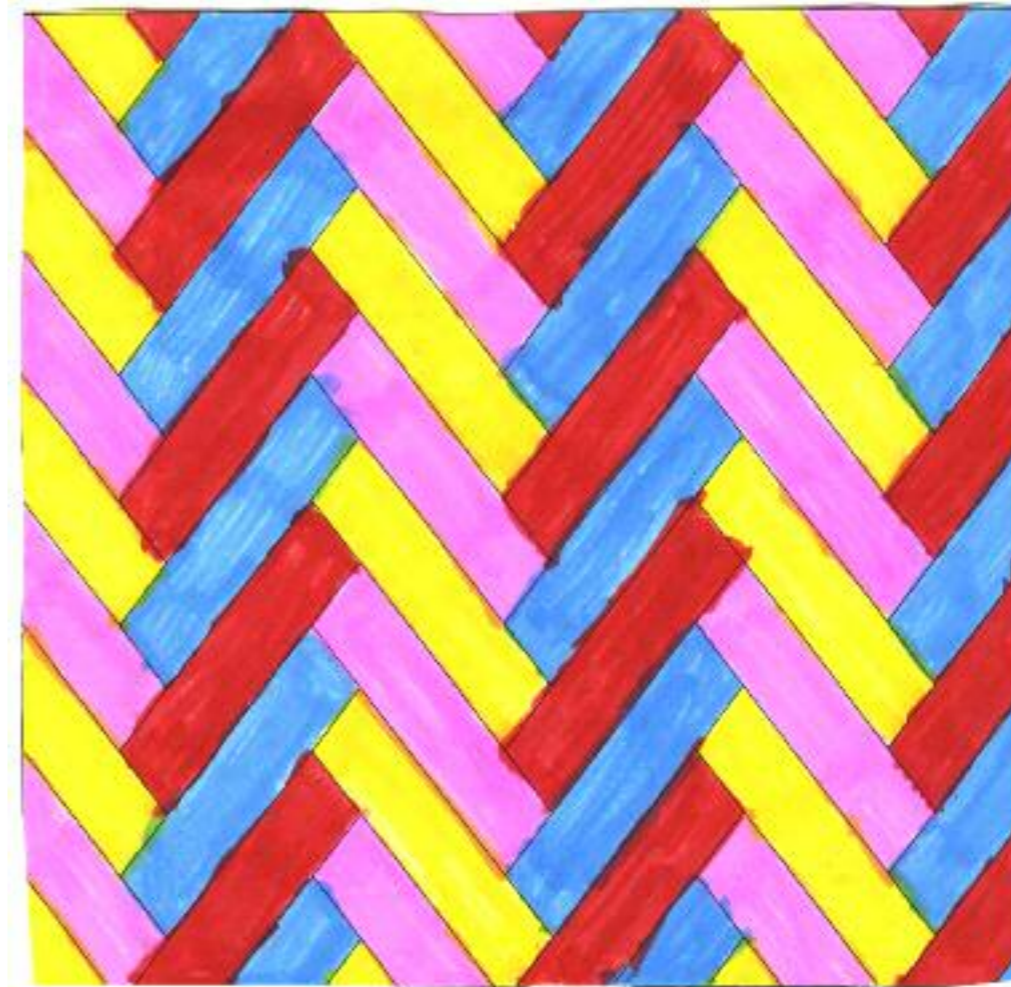
Helps kids socialise

With life skills, confident building, relationship building

Kids enjoying themselves makes me happy – always helpful

Given my daughter a place to make friends during weekends when she visits me and her family

Community links



by Kayleigh

## Anson Art Gallery

Some works of art from children at the cabin

by Freya, age six



Anson Residents Association

Anson  
community  
house

**PRIZE  
BINGO**

every Monday  
12.30 till 3pm

everyone welcome, come  
along and join the fun.

For more info contact  
Sammy on 0161 256 0195  
or pop into the community  
house for a friendly chat!



Two bags of crisps are walking  
down the street. a car stops and  
asks "do you want a lift"  
"No thanks we're walkers"  
replied the crisps!

What did one hat say to the  
other?  
You stay here I will go on ahead.

I would tell you the joke about  
the high wall,  
But you will never get over it.

Why don't bears wear socks?  
Because they like bear feet!

## Online safety for primary school children

As your child gets older, and technology changes, make sure you continue talking about what they are doing online and how to stay safe.

### Safe Search

Talk about what they do online, what sites they visit and their favourite websites.

Discuss safety rules and how much personal information they should share online.

Make sure your child knows what to do if anything upsets them online and reassure them that they can come to you.

Check who your child is playing online games with and that your child knows what information they can share with others.

Use parental controls across all of the devices that your children have access to.

Set 'Safety Mode' up on YouTube to help filter out explicit content.

If you use Google, turn on Google 'Safe Search' to filter sexually explicit content from your search results.

For more help and advice visit  
[www.nspcc.org.uk/onlinesafety](http://www.nspcc.org.uk/onlinesafety)

or contact the NSPCC helpline on 0808 800 5000 to discuss any concerns

